

OHANA
• agence de voile •

Basic Guide
- Martinique -

A playground for sailboats and catamarans. Its breathtakingly beautiful landscapes will leave you speechless!







GETTING THERE

The meeting location will be in front of the restaurant "L'Annexe" located at the *Marina du Marin*. You can plan your taxi ride accordingly, as the marina is approximately a 45 minutes drive from both Aimé Césaire International Airport and downtown Fort-de-France. Taxis are always available at the airport.

ON SITE

You will sail on Cyalla, an Excess 14 (45 feet) catamaran with 3 cabins for our guests and crew.
2 double cabins, 2 single beds and one forward bow area are available for a maximum of 6 to 8 guests.

INSURANCE

<u>An essential before leaving</u>
Make sure you have travel insurance for every member of your group.

For a worry-free trip, we highly recommend having travel insurance. Comprehensive coverage can protect you against accidents, repatriation, flight and hotel cancellations, trip interruptions, and lost luggage.



MARTINIQUE

THE ESSENTIALS



Please use soft bags for your luggage, as hard-shell suitcases are very bulky and inconvenient on board. At the risk of leaving your suitcase on the dock.



On land, the voltage is 220V. Please bring USB-A cables to charge your devices. The catamaran is equipped with solar panels and operates on a 220V electrical system. If you use a specific device (e.g., a sleep apnea machine), please verify its compatibility and bring a voltage converter if necessary.



Don't forget your textbook and logbook for the course!



Free Wi-Fi is available at the marina. Staying connected is easy with plenty of Wi-Fi zones in restaurants and cafes, although the connection can vary from place to place. You're welcome to use your roaming data when we'll be sailing close to the coast. Offshore, it will obviously be more difficult to stay connected.



Remember to inform us about any types of allergies or health problems you may have that would require special attention. Don't forget your Epipen!

The currency used in Martinique is the Euro. Prioritize using a credit card for your purchases.



A PLEASANT WEATHER

Martinique has a tropical climate, tempered by maritime influences. There are two seasons: a dry season called "**carême**", which runs from January to June and a wet season called "**hivernage**" which runs from July to December. The average temperature is 27 ˚C and there is small difference between the hottest months (from 25 ˚C to 32 ˚C) and the coolest months (from 23 ˚C to 29 ˚C). The best time of year to visit Martinique is from late December to late March, with peak conditions in the first week of February.

WINDS

From January to April, the northeast trade winds blow consistently and with moderate intensity. There are two transitional periods: from mid-November to early January (when the northeast wind begins to blow, the temperature drops slightly, and the weather improves), and from mid-April to mid-June (when both the temperature and the frequency of showers gradually increase).

YOUR LUGGAGE

WHAT TO BRING?

Here is a checklist of things to remember for your trip as well as some suggestions:

- **Passeport**. Also remember to always have a photocopy of your passport with you, stored in a different place than the passport itself. We also advise you to take a photo of your passport with your cell phone;
- Plane tickets;
- Travel insurance;
- Wallet with:
  - Money (EUR);
  - Credit card(s);
  - Boating license;
  - Diving certification;
- Travel guide: Routard or Lonely Planet;
- Applications that may be useful to you: We recommend Navionics and SailTies;

Health

- At least one water bottle (plastic, not metal);
- Some medication:
  - Imodium or equivalent, antidiarrheal;
  - Gravol or gravol ginger for seasickness;
  - Cough drops for sore throats;
  - Tylenol (acetaminophen)
- Sleeping pills if necessary;
- Antiseptic;
- Hand sanitizer;
- High SPF sunscreen;
- Mosquito repellent, Band-Aids;

Hygiene

- Toothbrush, toothpaste;
- Biodegradable soap and shampoo, cotton buds, razor, pair of scissors, nail clippers, deodorant;
- Tissues;
- Bath towel(s);

Practical

- Sleeping mask, earplugs;
- Polarized sunglasses;
- Notebook, pen and textbook/notes for the course;
- Sail Canada Logbook;
- Quality Swiss Army knife;
- Mask/snorkel, swimming fins etc;



Clothes

- T-shirts;
- Long sleeve T-shirts;
- UV-protective shirt/Lycra top
- Dress shirts/dresses if you plan on going to a fine-dining restaurant;
- Regular pants/jeans;
- Joggings;
- Shorts;
- Swimsuit(s);
- Socks and underwear;
- Confortable shoes that won't stain the deck (white soles preferred);
- Sandals;
- Water shoes, if needed;
- Cap, hat;
- Jacket, sweaters;
- Coat: Try to have at least one waterproof jacket or coat (Gore-Tex or other);
- Sailing gloves, if needed;
- Plastic bags to put your dirty laundry/shoes etc. in;

Electronics

- Flashlight or headlamp;
- Universal power outlet adapter;
- Voltage converter for devices not compatible with 220V, if required;
- Cellphone and cellphone charger (USB-A);
- Portable battery, also called portable charger or powerbank;
- Waterproof phone pouch
- Noise-cancelling headphones;
- Camera and accessories;
- GoPro or similar action cam and accessories;
- Tablet and lightweight laptop, if needed.